

## Top 10 Ways to Help Your Student be Successful in High School

1. Keep tabs on *school attendance*. If you suspect that your student may be absent without your consent, call the school.
2. *Do not* encourage your child to miss school for special trips or activities that are not related to school.
3. Make sure your student is getting at least **8 hours of sleep** each night.
4. Don't accept "I'm never going to use this after I get out of school" or "I've already done my homework."
5. Help your teen keep an *assignment calendar* or an *agenda book* with dates for long term projects as well as daily homework.
6. **Review calendar** at the beginning of the week to plan how time will be used, making allowances for sports and clubs.
7. Have student's check their **eCLASS** to check grades. Parents can also access grades through the **Parent Portal**. Feel free to contact teacher's if you have questions about a class.
8. Make sure there's a place for *quiet study* away from the television, and video games.
9. **Listen** to your teen talk about his day and ask questions about school and what he has learned.
10. Encourage your child to join a **club or activity**, as studies indicate that students that are members of a team or a club enjoy school and do better academically.